

Psalm 46 Notes

Historical context: King Hezekiah story found in 2 Kings ch. 18 & 19.

Verses 1 – 3

- • God is our helper
- • His help is there for all time

Verses 4 – 7

- • God is our strength
- • When we are weak, He is strong
- • When we are down, He is strong
- • Philippians 4;13 – I am able to do all things through Him who strengthens me.
- • Exodus 15: 2 - The Lord is my strength and my song; he has become my salvation.

Verses 8 – 11

- • God is our victor.
- • God will never fail even when the world does.
- • V10 – Be still and know that I am God when know here means to admit, to realise and to acknowledge.
- Revelation 19: 11 – 16 points to the final victory

Conclusion

- God is the refuge and strength that His people need.
- God is our victor, in Him we find help, strength and victory.
- Psalm 46 is a spiritual prescription to make you feel spiritually better.

