

PLANTED

THROUGH THE PSALMS

PSALM 16

- **“Miktam”**
 - Literary or Musical term
 - Golden or Precious
 - To cover or whispered in secret
- **3 Primary Aspects**
 - Reliance on God – assurance
 - Rejoicing in Relationships – vertical and horizontal
 - Thankfulness – now and eternally

The Secret of Contentment



PSALM 16: RELIANCE & ASSURANCE

- **David in trouble but isn't complaining**
 - V.1 – keep me safe; preserve me
 - V.8 – I shall not be shaken or moved
 - V.10 – You will not abandon me; trusts in resurrection
- **David was no stranger to trouble**
 - Critical wife
 - Escape from Saul
 - Bathsheba-gate
 - Dysfunctional father
- **Not in despair or whinging**
 - Displays a confident trust in God

PSALM 16: WHO IS GOD?

- **1,000+ names and titles for God**

- V.1 “Keep me safe, my God”
- V.2 “I say to the LORD”
- V.2 “You are my Lord”

“I can trust You Elohim to keep me safe because You are my all-powerful creator and sustainer. I commit myself to You YAHWEH because You’ve kept Your promises in the past and will now and forever. You want an intimate relationship with me as Adonai and I submit to Your rule in my life.”

“Elohim”

creator, sustainer, all-powerful; Genesis 1 – plural

“YAHWEH” (YHWH)

God’s personal name – I AM
The one Who was, Who is
and will be; covenant keeper

Adonai

Master; ruler; commander

PSALM 16: REJOICING IN RELATIONSHIPS

- **Vertical**

- David recognises and honours his safe place

- **Horizontal**

- V.3 I delight in Your holy people
- Do we?
- Who influences us and who do we influence?
- The ungodly run after what's unsatisfying

- V.1: Elohim is my refuge
- V.2: I have no good thing without You YAHWEH
- V.5: my portion and lot are secure
- V.7: YAHWEH counsels and instructs me at night
- V.8: I'm not shaken when my eyes are on You

**“The godly people in the land are my true heroes!
I take pleasure in them!” (NLT)**

PSALM 16: BEING THANKFUL

- **Present Circumstances**

- David acknowledges his benefits

Vs.5&6

- You are my portion and cup

- **Future Security:** Vs.9-11

- David prophetically foresees resurrection to eternal life
- Body rests secure – now and forever
- Not abandoned to death and decay
- Joy and eternal pleasures

- You make my lot secure

- Pleasant boundaries

- Delightful inheritance

- Give thanks x20 in Psalms

- **Messianic prophecy**

- Fulfilled by Jesus

- Peter (Acts 2) & Paul (Acts 13)

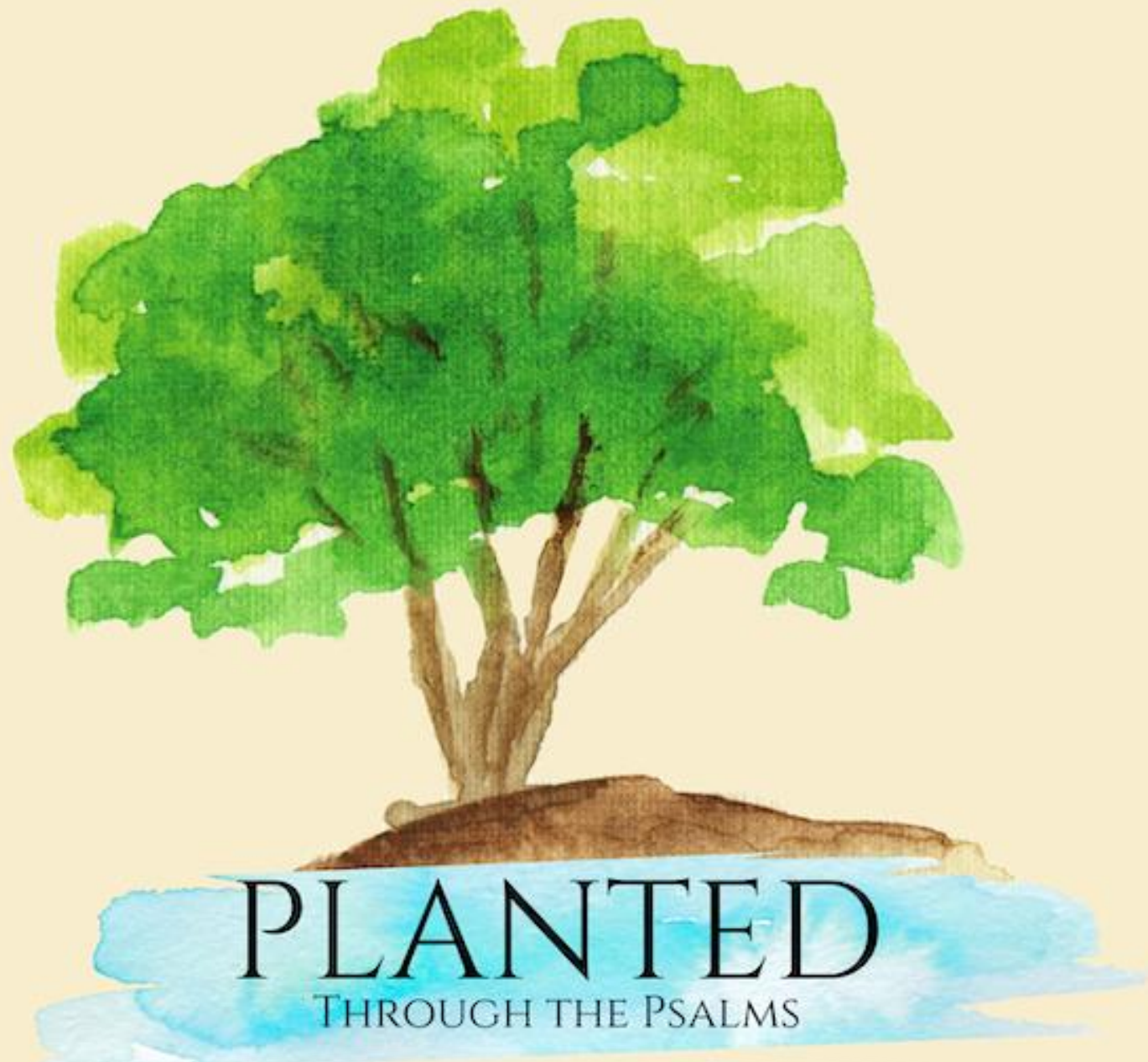
PSALM 16: TAKEAWAY

- **Secret of Contentment**

- Resting in knowing God intimately
- Assured of our security and protection
- Thankfulness in everything
- Confident of an eternal future

“I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength”

Philippians 4:12 (NIVUK)



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